

## Spending Plan

Monthly Expenses	Cost
Rent / Mortgage	
Household Repairs	
Property/School Taxes	
Heat/Air Conditioning	
Electricity	
Water	
Groceries (\$327 per adult)	
Medical (premium & co-	
payments)	
Telephone/Cell	
Transportation (gas,	
parking)	
Auto Loan	
Auto Repairs (\$80 per	
vehicle)	
Cable/Internet	
Clothing (\$89 -100 per	
person)	
Daycare/Babysitter	
Tuition/After-School	
activities	
Child Support Paid/	
Alimony paid	
Personal Care (haircuts,	
nails, tattoos)	
Entertainment	
Laundry	
Newspapers/Magazines/	
Books	
Pets	
Gifts	
Tobacco/Alcohol/Lottery	
Church Charities	
Rent-To-Own	
Banking / Money Order	
Fees	
Emergency Savings	
Other	
Total Monthly Expenses	

Monthly Income Totals	Amount
Take Home Pay	
Part Time Job	
Support/Alimony	
Pension/401(k)/403(b)	
Rental Income	
Self-Employment Net	
Income	
Dividends	
Veteran's Income	
SSI	
SSDI	
Social Security	
Retirement	
Worker's Compensation	
Stipend	
TANF	
SNAP Food Stamps	
Child Care Subsidy	
LIHEAP	
Total Net Income	
Total Monthly Expenses	
Debt Repayment (credit	
card/student loan) - Subtract	
*ABLE Deposit-Subtract	
Difference	

\*ABLE is a savings/investment account for people with a disability