

# **New York City Housing Assistance for People with Disabilities**



## **A Guide to Housing Programs for People with Disabilities**

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**Mayor's Office for  
People with Disabilities**

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# Subsidy Programs

## **Supportive Housing**

NYC Human Resources  
Administration

**What:** A state-funded rental assistance subsidy with supports to maintain stable permanent housing.

**Who Qualifies:** People with substance use and mental health conditions.

**To learn more:** Visit  
[shnny.org/learn-more](http://shnny.org/learn-more)

- Select "Looking for Housing?"
- Select "Supportive Housing in New York City"

# **Nursing Home Transition & Diversion Program (NHTD)**

NYS Department of Health

**What:** A Medicaid Waiver program that provides a housing subsidy to assist with transitioning or diverting from a nursing home into the community.

**Who Qualifies:** People with physical disabilities who qualify for long-term medical care.

**To learn more:** Visit [health.ny.gov](http://health.ny.gov) and search "Nursing Home Transition"

## **Individual Supports & Services/Self Direction**

Office for People with Developmental Disabilities (OPWDD)

**What:** Individual Support Services assist adults with developmental disabilities who wish to live independently by providing rental subsidies allowing them to select housing of their choice.

**Who Qualifies:** People with intellectual or developmental disabilities.

**To apply for services:** Contact the Front Door in your neighborhood. Visit [opwdd.ny.gov/welcome-front-door/home](http://opwdd.ny.gov/welcome-front-door/home)

# **HIV/AIDS Services Administration (HASA)**

Human Resources Administration

**What:** A program that provides essential benefits and social services. HASA offers a rent subsidy for clients in private market apartments. Eligible clients may only contribute thirty percent of their income towards rent. The remainder is paid by HASA.

**Who Qualifies:** Persons living with AIDS or clinical symptomatic HIV illness.

**To learn more:** Visit [nyc.gov/hra](http://nyc.gov/hra) - Select "I need help", Then "HIV/AIDS Services"

# **Disability Rent Increase Exemption (DRIE)**

NYC Department of Finance

**What:** A program that allows tenants with disabilities who live in rent-controlled, rent-stabilized or Mitchell-Lama apartments to freeze their rents. Tenants continue paying the same rent when there is an increase and landlords are compensated through tax abatements.

**Who Qualifies:** People with disabilities who live in rent-regulated housing.

**To learn more:** Visit [nyc.gov/DRIE](https://nyc.gov/DRIE)

# **Affordable and Low- Income Housing**

## **Affordable Housing Lotteries**

NYC Housing Preservation &  
Development

**What:** HPD and its partners use city subsidies and other financing tools to make new and renovated housing affordable to low, moderate, and middle-income individuals and families. Five percent of units are set aside for applicants with mobility disabilities, and two percent are set aside for people with vision and hearing disabilities.

**To learn more:** Visit  
[nyc.gov/housingconnect](https://nyc.gov/housingconnect)



# **New York City Housing Authority (NYCHA)**

**What:** NYCHA provides public housing for low-income families. Due to high demand, there is a long waiting list. Priority is given to applicants staying in shelters.

**Who Qualifies:** Low-income individuals and families.

**To learn more:** Visit [nyc.gov/nycha](https://nyc.gov/nycha)

## **Project-Based Section 8**

### Housing and Urban Development

**What:** Privately-owned buildings around the city that provide HUD-subsidized apartments. Each development maintains its own waiting list.

**Who Qualifies:** Low-income individuals and families. Some preferences for households with a person with a disability and seniors.

**To learn more:** Visit the following sites.

- [hud.gov](http://hud.gov), then Click 'Resources', then 'Subsidized Apartment Search'
- [nyc.gov/HPD-ML](http://nyc.gov/HPD-ML), then 'City Monitored' and 'State Monitored Mitchell-Lama Lists'

# Shared Housing

## **Home Sharing**

New York Foundation for Senior Citizens

**What:** A program that matches seniors with a roommate. The program requires only one party be a senior, so it can help to match seniors with a non-senior or non-seniors with a senior. The program uses an eHarmony-like system to find roommates that will be a good match.

**To learn more:** Call 212-962-7559  
(Ask for 'Home Sharing')

# **Family-Type Homes for Adults**

NYS Office for Children and Family Services

**What:** A state program akin to foster-care for adults in need. It is a supportive-housing type program for mentally or physically disabled adults, where a licensed caregiver provides housing and services in their private home. People who use wheelchairs do not qualify.

Services include:

- A furnished room & meals
- Housekeeping and laundry
- Assistance with some personal care tasks

**To learn more:** Call 929-221-0205

The Mayor's Office for People with Disabilities (MOPD), in operation since 1972, works to ensure that New Yorkers with disabilities can lead happy, healthy and productive lives. The Office provides information on accessible programs, accessible transportation, employment, health services, activities and other resources to the over 800,000 New Yorkers with disabilities and the millions of people with disabilities visiting New York City every year. The dedicated staff of MOPD works hard every day to make New York City the most accessible city in the world.

## **Housing Info & Contacts**

Phone: 212-788-2830 Ext. 1

Video Phone: 646-889-2626

[nyc.gov/disabilityhousing](https://nyc.gov/disabilityhousing)

[housing@mopd.nyc.gov](mailto:housing@mopd.nyc.gov)

[NYC.gov/disability](https://nyc.gov/disability) | [@NYCdisabilities](https://twitter.com/NYCdisabilities)