

Steps to Creating a Dream/Vision Board

A Dream/Vision Board creates a visual tool of items we hope to achieve and provides us with a constant reminder of our goal. It is our dream/vision that we have for our future. A Dream Board creates a fun activity to begin and/or enhance the conversation on how to achieve your goals and assists with identifying short-term and long-term goals towards financial stability.

Supplies Needed:

- Poster board or card stock paper
- Magazines
- Scissors
- Glue
- Markers

Steps to Creating a Dream/Vision Board

- Identify an ultimate goal that you feel would make you extremely happy or any item(s) that you would really like to have.
- Locate a picture or image of that item(s).
- Cut out the image and place it on the board. If you have more than one item, you can put them all on the board.
- Identify what steps you need to take to achieve one or more of your goals. Include them on the board as well.
- Once you are finished, place your Dream/Vision Board in a place that you can see it every day to remind you of your goals!